

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	97.7	96.6					91.2	91.7	Yes	Yes
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	52.4	28.2					21.9	15.9	Yes	Yes
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days	46.1	43.4					38.5	35.6	Yes	No
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days	23.0	22.6					20.9	17.3	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	23.9	20.8					16.0	17.9	Yes	Yes
Percentage of students who carried a gun on one or more of the past 30 days		9.7					7.8	7.5	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		9.3					5.0	4.8	Yes	No
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		3.0					3.1	3.9	No	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		5.8					8.8	9.7	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		33.3					32.2	31.1	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months	41.7	34.5					29.6	28.5	Yes	Yes
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months	3.7	3.4					2.7	3.3	Yes	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		12.5					10.6	9.3	Yes	No
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							11.5	10.9	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							9.9	9.1	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							25.3	25.1	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Percentage of students who seriously considered attempting suicide during the past 12 months	28.3	24.2					17.9	16.5	Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	17.3	20.8					17.2	14.3	Yes	Yes
Percentage of students who actually attempted suicide one or more times during the past 12 months	7.0	9.1					8.8	9.4	No	No
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months	2.0	2.8					3.4	3.2	Yes	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs	72.4	67.1					60.2	53.4	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years	25.7	25.1					20.7	16.5	Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days	29.2	33.7					24.1	21.8	Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.1	14.9					11.2	9.6	Yes	No
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	16.6	13.9					9.3	8.9	Yes	No
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							7.3	3.8	Yes	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		13.4					7.4	6.8	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							16.7	14.9	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							59.6	55.5	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							10.1	8.7	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Tobacco Use										
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							5.1	3.9	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							18.2	16.8	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							30.8	28.0	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Alcohol and Other Drug Use										
Percentage of students who had at least one drink of alcohol on one or more days during their life	82.9	78.8					78.4	73.2	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	34.2	32.1					26.6	23.9	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	53.4	51.9					46.5	42.9	Yes	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	36.9	35.7					32.2	29.8	Yes	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		4.8					4.6	3.6	No	No
Percentage of students who used marijuana one or more times during their life	22.3	19.3					34.6	32.3	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years	4.9	4.2					7.7	7.0	Yes	No
Percentage of students who used marijuana one or more times during the past 30 days	10.3	9.4					18.3	17.5	Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days		2.4					3.9	3.1	No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	4.6	3.5					6.9	7.5	Yes	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.5	1.8					2.9	3.3	Yes	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.7	11.3	No	
Percentage of students who used heroin one or more times during their life							2.7	2.7	No	
Percentage of students who used methamphetamines one or more times during their life							6.3	5.8	No	
Percentage of students who used ecstasy one or more times during their life							5.0	4.9	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	2.4	3.0					3.6	4.0	Yes	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.0	3.1	No	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		11.0					23.3	22.0	Yes	Yes

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse	52.5	47.0					42.8	40.8	Yes	No
Percentage of students who had sexual intercourse for the first time before age 13 years	6.8	5.9					5.1	4.4	Yes	No
Percentage of students who had sexual intercourse with four or more people during their life	18.3	15.1					12.0	11.9	Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months	37.2	31.9					31.5	29.9	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.1	27.4					30.5	24.0	No	Yes
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	53.3	59.6					60.2	61.6	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	22.6	17.6					21.9	21.6	No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection	82.0	81.4					85.0	85.4	Yes	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							14.6	13.8	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							10.5	11.0	No	
Percentage of students who described themselves as slightly or very overweight	35.2	36.4					32.7	32.5	Yes	No
Percentage of students who were trying to lose weight	45.5	43.7					45.2	46.3	No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							61.2	62.2	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							43.0	41.8	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							13.0	12.2	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							9.1	6.8	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							7.2	6.5	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							81.1	80.8	No	
Percentage of students who ate fruit one or more times during the past seven days							87.1	87.6	No	
Percentage of students who ate green salad one or more times during the past seven days							68.7	65.1	Yes	
Percentage of students who ate potatoes one or more times during the past seven days							77.4	73.5	Yes	
Percentage of students who ate carrots one or more times during the past seven days							54.7	52.1	No	
Percentage of students who ate other vegetables one or more times during the past seven days							86.7	83.4	Yes	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							16.3	13.5	Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days							18.4	18.6	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days		68.6					64.7	67.6	No	No
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							26.7	26.4	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							32.0	28.3	Yes	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							8.8	7.7	No	
Percentage of students who watched three or more hours per day of TV on an average school day							28.0	26.5	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	46.6	48.6					49.1	48.9	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	34.4	32.1					36.4	34.3	No	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class	76.4	80.2					87.3	87.9	Yes	No
Percentage of students who played on one or more sports teams during the past 12 months							62.0	63.3	No	
Percentage of students who had ever been told by a doctor or nurse that they had asthma							19.4	19.2	No	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	98.2	97.9					91.1	90.9	Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	44.2	19.3					15.3	9.8	Yes	Yes
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days	46.7	43.3					39.9	34.6	Yes	No
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days	19.1	17.7					19.6	14.5	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	5.4	5.3					4.7	5.9	No	No
Percentage of students who carried a gun on one or more of the past 30 days		1.9					1.6	1.1	No	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		2.6					1.5	2.2	No	No
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		1.9					3.2	3.4	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		2.8					5.5	6.5	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		30.1					29.6	27.6	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months	32.8	23.6					21.0	19.9	Yes	Yes
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months	2.5	1.6					1.6	1.9	No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		6.0					6.1	5.8	No	No
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							12.0	10.2	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							11.7	12.4	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							31.6	31.5	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Percentage of students who seriously considered attempting suicide during the past 12 months	35.7	30.5					24.0	21.5	Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	21.4	25.2					20.1	17.7	Yes	Yes
Percentage of students who actually attempted suicide one or more times during the past 12 months	9.3	11.8					11.3	11.1	No	No
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months	2.4	3.2					3.7	3.1	No	No

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs	69.9	63.2					59.5	50.7	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years	21.7	19.8					17.5	14.4	Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days	28.5	32.1					25.8	21.8	Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.1	12.9					11.3	9.1	Yes	No
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	13.6	9.5					4.4	6.3	Yes	No
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							3.7	2.3	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		11.0					6.6	6.6	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							16.1	14.4	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							61.9	56.8	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							2.8	2.4	No	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Tobacco Use										
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							1.3	0.8	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							11.7	11.5	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							28.0	24.4	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Alcohol and Other Drug Use										
Percentage of students who had at least one drink of alcohol on one or more days during their life	82.3	76.8					79.3	73.3	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	28.1	25.9					21.8	19.8	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	51.4	49.9					49.3	41.2	Yes	Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	33.9	31.5					31.6	27.3	Yes	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		3.3					3.3	2.4	No	No
Percentage of students who used marijuana one or more times during their life	19.7	15.2					32.9	29.6	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years	3.7	2.3					5.2	4.9	Yes	No
Percentage of students who used marijuana one or more times during the past 30 days	8.6	6.6					16.0	15.7	Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days		1.3					2.3	2.4	No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	3.4	2.3					7.0	6.2	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.0	0.7					2.4	2.1	Yes	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.9	11.3	No	
Percentage of students who used heroin one or more times during their life							1.7	1.5	No	
Percentage of students who used methamphetamines one or more times during their life							6.9	5.2	Yes	
Percentage of students who used ecstasy one or more times during their life							4.3	3.4	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	1.0	1.0					2.9	2.6	Yes	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							1.2	2.3	No	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		8.4					18.6	20.0	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse	49.1	41.9					42.0	40.9	Yes	No
Percentage of students who had sexual intercourse for the first time before age 13 years	2.6	3.1					2.3	3.3	No	No
Percentage of students who had sexual intercourse with four or more people during their life	16.0	12.3					10.2	12.2	Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months	37.0	31.1					32.9	29.6	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.1	22.0					26.1	22.5	No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	46.7	52.1					55.8	56.2	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	26.2	18.8					29.3	24.5	No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection	81.6	81.6					86.7	86.7	Yes	No

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							13.1	12.8	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							6.0	7.8	No	
Percentage of students who described themselves as slightly or very overweight	46.7	51.3					40.5	39.6	Yes	No
Percentage of students who were trying to lose weight	66.6	65.4					65.4	64.8	No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							72.2	72.9	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							61.8	57.0	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							19.0	15.6	Yes	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							11.7	8.3	Yes	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							9.8	9.4	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							79.9	81.0	No	
Percentage of students who ate fruit one or more times during the past seven days							88.9	89.7	No	
Percentage of students who ate green salad one or more times during the past seven days							72.0	69.3	No	
Percentage of students who ate potatoes one or more times during the past seven days							77.0	70.9	Yes	
Percentage of students who ate carrots one or more times during the past seven days							55.7	50.8	Yes	
Percentage of students who ate other vegetables one or more times during the past seven days							88.3	85.6	No	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							14.3	12.2	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days							12.6	13.1	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days		60.7					59.7	61.6	No	No
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							23.7	25.1	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							36.4	33.2	No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							9.5	8.8	No	
Percentage of students who watched three or more hours per day of TV on an average school day							25.6	25.5	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	38.5	45.0					42.1	41.6	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	28.2	28.2					30.5	28.1	No	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class	70.0	78.5					87.2	86.6	Yes	No
Percentage of students who played on one or more sports teams during the past 12 months							57.0	59.0	No	
Percentage of students who had ever been told by a doctor or nurse that they had asthma							18.3	20.5	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	97.3	95.2					91.2	92.5	Yes	Yes
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	60.5	36.7					28.1	21.7	Yes	Yes
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days	45.4	43.5					37.0	36.6	Yes	No
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days	27.0	27.4					22.1	20.0	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	42.2	36.1					27.0	29.6	Yes	Yes
Percentage of students who carried a gun on one or more of the past 30 days		17.4					13.8	13.7	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		15.7					8.3	7.3	Yes	No
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days		4.1					3.1	4.4	No	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		8.8					12.0	12.7	Yes	No
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months		36.3					34.6	34.4	No	No
Percentage of students who were in a physical fight one or more times during the past 12 months	50.5	45.3					37.8	36.6	Yes	No
Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months	4.7	5.2					3.7	4.6	Yes	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		18.8					14.9	12.6	Yes	No
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							11.0	11.6	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							8.3	5.9	Yes	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							19.2	19.0	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Percentage of students who seriously considered attempting suicide during the past 12 months	20.6	18.2					12.2	11.8	Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	13.0	16.5					14.5	11.1	No	Yes
Percentage of students who actually attempted suicide one or more times during the past 12 months	4.5	6.4					6.4	7.7	No	No
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months	1.5	2.5					3.2	3.2	Yes	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs	74.9	70.9					60.9	56.1	Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years	29.7	30.3					23.7	18.5	Yes	Yes
Percentage of students who smoked cigarettes on one or more of the past 30 days	29.8	35.2					22.5	21.6	Yes	No
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.0	16.8					11.1	10.1	Yes	No
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	19.4	17.8					14.8	11.4	Yes	No
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							11.3	5.4	Yes	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		15.7					8.2	6.9	Yes	No
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							17.2	15.4	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							57.1	54.4	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							17.0	14.5	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Tobacco Use										
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							8.6	6.8	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							24.2	21.7	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							33.5	31.5	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Alcohol and Other Drug Use										
Percentage of students who had at least one drink of alcohol on one or more days during their life	83.6	80.8					77.6	73.1	Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	40.3	38.1					31.3	27.8	Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	55.4	53.8					43.8	44.4	Yes	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	39.8	39.8					32.6	32.2	Yes	No
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		6.1					5.9	4.7	No	No
Percentage of students who used marijuana one or more times during their life	24.8	23.3					36.2	35.0	Yes	No
Percentage of students who tried marijuana for the first time before age 13 years	6.1	6.0					10.0	8.9	Yes	No
Percentage of students who used marijuana one or more times during the past 30 days	12.0	12.1					20.5	19.3	Yes	No
Percentage of students who used marijuana on school property one or more times during the past 30 days		3.6					5.4	3.8	No	No
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	5.7	4.6					6.7	8.6	Yes	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.9	2.8					3.3	4.4	Yes	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.5	11.2	No	
Percentage of students who used heroin one or more times during their life							3.6	3.8	No	
Percentage of students who used methamphetamines one or more times during their life							5.8	6.4	No	
Percentage of students who used ecstasy one or more times during their life							5.6	6.3	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	3.6	4.8					4.3	5.1	No	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.7	3.8	No	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months		13.5					27.6	23.9	Yes	Yes

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse	55.9	51.8					43.7	40.6	Yes	No
Percentage of students who had sexual intercourse for the first time before age 13 years	11.0	8.7					7.9	5.5	Yes	No
Percentage of students who had sexual intercourse with four or more people during their life	20.7	17.8					13.9	11.7	Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months	37.5	32.7					30.1	30.2	Yes	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.0	32.3					35.2	25.5	No	Yes
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	59.8	66.7					65.2	66.9	No	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	19.0	16.4					13.8	18.8	No	Yes
Percentage of students who had ever been taught in school about AIDS or HIV infection	82.2	81.2					83.3	84.1	No	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							16.0	14.7	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							14.7	14.0	No	
Percentage of students who described themselves as slightly or very overweight	23.7	22.0					25.2	25.8	No	No
Percentage of students who were trying to lose weight	24.4	22.8					26.1	28.7	Yes	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							50.7	52.0	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							25.3	27.3	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							7.3	9.0	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							6.7	5.3	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							4.7	3.8	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							82.3	80.5	No	
Percentage of students who ate fruit one or more times during the past seven days							85.5	85.6	No	
Percentage of students who ate green salad one or more times during the past seven days							65.6	61.1	Yes	
Percentage of students who ate potatoes one or more times during the past seven days							77.7	76.0	No	
Percentage of students who ate carrots one or more times during the past seven days							53.7	53.4	No	
Percentage of students who ate other vegetables one or more times during the past seven days							85.2	81.2	Yes	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							18.3	14.7	Yes	
Percentage of students who drank three or more glasses per day of milk during the past seven days							24.0	23.9	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days		76.1					69.3	73.4	Yes	Yes
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							29.6	27.7	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							27.7	23.6	No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							8.2	6.6	No	
Percentage of students who watched three or more hours per day of TV on an average school day							30.3	27.5	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	55.2	52.1					55.9	56.1	No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	40.7	35.9					42.1	40.2	No	No

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class	81.0	81.5					87.4	88.8	Yes	No
Percentage of students who played on one or more sports teams during the past 12 months							66.8	67.4	No	
Percentage of students who had ever been told by a doctor or nurse that they had asthma							20.5	18.1	No	