## 2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Survey Summary

The 2009 Youth Risk Behavior Survey (YRBS) was completed by 2,917 students in 58 public high schools in Nebraska during the spring of 2009. The school response rate was 73%, the student response rate was 67%, and the overall response rate was 49%. The results are representative of only those students who completed the questionnaire. The demographic characteristics of the sample are as follows:

Female	52.6%	9th grade	25.0%	Black*	1.8%
Male	47.4%	10th grade	26.1%	Hispanic/ Latino	9.7%
		11th grade	24.9%	White*	81.7%
		12th grade	23.8%	All other races	4.3%
		Other	0.1%	Multiple races	2.4%

Students completed a self-administered, anonymous, 97-item questionnaire. Survey procedures were designed to protect the privacy of students by allowing for anonymous and voluntary participation. Local parental permission procedures were followed before survey administration.

The YRBS is one component of the Youth Risk Behavior Surveillance System (YRBSS) developed by the Centers for Disease Control and Prevention in collaboration with representatives from state and local departments of education and health, other federal agencies, and national education and health organizations. The Youth Risk Behavior Surveillance System was designed to focus the nation on behaviors among youth related to the leading causes of mortality and morbidity among both youth and adults and to assess how these risk behaviors change over time. The Youth Risk Behavior Surveillance System measures behaviors that fall into six categories:

- 1. Behaviors that result in unintentional injuries and violence;
- 2. Tobacco use:
- 3. Alcohol and other drug use;
- 4. Sexual behaviors that result in HIV infection, other sexually transmitted diseases, and unintended pregnancies;
- 5. Dietary behaviors; and
- 6. Physical activity.

The YRBS also measures asthma and self-reported height and weight to allow calculation of body mass index for assessment of overweight and obesity. More information about the Youth Risk Behavior Surveillance System can be obtained from <a href="http://www.cdc.gov/yrbss">http://www.cdc.gov/yrbss</a>.

<sup>\*</sup>Non-Hispanic.