

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q8. Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	91.0	0.80	( 89.3 - 92.5 )	1,934	1.2
Q9. Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	15.7	0.96	( 13.8 - 17.6 )	2,719	1.4
Q10. Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	23.9	1.15	( 21.7 - 26.3 )	2,720	1.4
Q11. Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	7.2	0.85	( 5.7 - 9.1 )	2,680	1.7
Q12. Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	18.6	0.90	( 16.9 - 20.4 )	2,653	1.2
Q13. Percentage of students who carried a gun on one or more of the past 30 days	9.1	0.72	( 7.7 - 10.6 )	2,661	1.3
Q14. Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	3.8	0.45	( 3.0 - 4.8 )	2,697	1.2

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q15. Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	3.8	0.42	( 3.0 - 4.7 )	2,729	1.2
Q16. Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	6.4	0.54	( 5.4 - 7.6 )	2,726	1.2
Q17. Percentage of students who were in a physical fight one or more times during the past 12 months	26.7	1.09	( 24.6 - 28.9 )	2,668	1.3
Q18. Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.1	0.38	( 2.4 - 4.0 )	2,707	1.1
Q19. Percentage of students who were in a physical fight on school property one or more times during the past 12 months	7.4	0.68	( 6.2 - 8.9 )	2,695	1.3
Q20. Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	10.9	0.65	( 9.7 - 12.3 )	2,703	1.1
Q21. Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	8.1	0.66	( 6.9 - 9.5 )	2,716	1.3
Q22. Percentage of students who had ever been bullied on school property during the past 12 months	22.9	0.85	( 21.2 - 24.6 )	2,718	1.1

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q23. Percentage of students who had ever been electronically bullied during the past 12 months	15.8	0.81	( 14.2 - 17.4 )	2,715	1.2
Q24. Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	21.0	1.09	( 18.9 - 23.2 )	2,723	1.4
Q25. Percentage of students who seriously considered attempting suicide during the past 12 months	14.2	0.82	( 12.7 - 15.9 )	2,718	1.2
Q26. Percentage of students who made a plan about how they would attempt suicide during the past 12 months	10.9	0.65	( 9.7 - 12.3 )	2,720	1.1
Q27. Percentage of students who actually attempted suicide one or more times during the past 12 months	7.7	0.69	( 6.4 - 9.2 )	2,475	1.3
Q28. Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.6	0.38	( 1.9 - 3.4 )	2,470	1.2
Q29. Percentage of students who ever tried cigarette smoking, even one or two puffs	38.7	1.31	( 36.2 - 41.3 )	3,638	1.6
Q30. Percentage of students who smoked a whole cigarette for the first time before age 13 years	8.2	0.57	( 7.2 - 9.4 )	3,620	1.3

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q31. Percentage of students who smoked cigarettes on one or more of the past 30 days	15.0	0.89	( 13.3 - 16.8 )	3,667	1.5
Q32. Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	7.1	1.18	( 5.1 - 9.8 )	511	1.0
Q33. Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	5.1	1.19	( 3.2 - 8.1 )	469	1.2
Q34. Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	3.8	0.45	( 3.0 - 4.8 )	3,760	1.4
Q35. Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	9.3	0.68	( 8.0 - 10.7 )	3,675	1.4
Q36. Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months	57.7	2.42	( 52.8 - 62.4 )	506	1.1
Q37. Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	6.4	0.47	( 5.5 - 7.4 )	3,759	1.2
Q38. Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days	3.1	0.34	( 2.5 - 3.8 )	3,795	1.2

\*The average design effect across all items for this survey is 1.3.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q39. Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	9.6	0.70	( 8.3 - 11.1 )	3,825	1.5
Q40. Percentage of students who had at least one drink of alcohol on one or more days during their life	60.6	1.38	( 57.9 - 63.3 )	2,662	1.5
Q41. Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	16.5	0.95	( 14.7 - 18.5 )	2,699	1.3
Q42. Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	26.6	1.24	( 24.2 - 29.1 )	2,558	1.4
Q43. Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	16.4	1.02	( 14.5 - 18.5 )	2,675	1.4
Q44. Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days	35.2	2.47	( 30.5 - 40.2 )	655	1.3
Q45. Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days	3.0	0.41	( 2.3 - 3.9 )	2,705	1.2
Q46. Percentage of students who used marijuana one or more times during their life	25.0	1.41	( 22.3 - 27.9 )	2,677	1.7

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q47. Percentage of students who tried marijuana for the first time before age 13 years	4.9	0.58	( 3.8 - 6.1 )	2,682	1.4
Q48. Percentage of students who used marijuana one or more times during the past 30 days	12.7	1.06	( 10.8 - 14.9 )	2,683	1.6
Q49. Percentage of students who used marijuana on school property one or more times during the past 30 days	2.7	0.43	( 2.0 - 3.7 )	2,689	1.4
Q50. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	4.2	0.50	( 3.3 - 5.3 )	2,656	1.3
Q51. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.6	0.31	( 1.1 - 2.3 )	2,703	1.3
Q52. Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	9.7	0.71	( 8.4 - 11.2 )	2,705	1.2
Q53. Percentage of students who used heroin one or more times during their life	1.9	0.32	( 1.3 - 2.6 )	2,695	1.2
Q54. Percentage of students who used methamphetamines one or more times during their life	2.7	0.33	( 2.1 - 3.5 )	2,712	1.1

\*The average design effect across all items for this survey is 1.3.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q55. Percentage of students who used ecstasy one or more times during their life	4.5	0.52	( 3.6 - 5.6 )	2,712	1.3
Q56. Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	2.8	0.38	( 2.1 - 3.6 )	2,713	1.2
Q57. Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life	12.4	0.87	( 10.8 - 14.3 )	2,719	1.4
Q58. Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	1.9	0.34	( 1.4 - 2.7 )	2,714	1.3
Q59. Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	20.3	1.01	( 18.4 - 22.3 )	2,694	1.3
Q60. Percentage of students who ever had sexual intercourse	37.1	1.49	( 34.2 - 40.1 )	2,501	1.5
Q61. Percentage of students who had sexual intercourse for the first time before age 13 years	3.8	0.40	( 3.1 - 4.7 )	2,505	1.0
Q62. Percentage of students who had sexual intercourse with four or more people during their life	10.6	0.83	( 9.1 - 12.4 )	2,498	1.3

\*The average design effect across all items for this survey is 1.3.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q63. Percentage of students who had sexual intercourse with one or more people during the past three months	27.0	1.15	( 24.8 - 29.3 )	2,503	1.3
Q64. Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	19.8	1.97	( 16.2 - 23.9 )	634	1.2
Q65. Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	62.0	2.10	( 57.8 - 66.0 )	622	1.1
Q66. Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	21.9	1.78	( 18.6 - 25.6 )	617	1.1
Q67. Percentage of students who described themselves as slightly or very overweight	28.5	0.76	( 27.0 - 30.0 )	3,790	1.0
Q68. Percentage of students who were trying to lose weight	43.0	0.84	( 41.4 - 44.7 )	3,799	1.0
Q69. Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	11.2	0.62	( 10.0 - 12.5 )	3,785	1.2
Q70. Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	4.7	0.36	( 4.0 - 5.5 )	3,788	1.1

\*The average design effect across all items for this survey is 1.3.



## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q71. Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	3.9	0.35	( 3.3 - 4.6 )	3,772	1.1
Q72. Percentage of students who drank 100% fruit juices one or more times during the past seven days	78.2	0.73	( 76.7 - 79.6 )	3,810	1.1
Q73. Percentage of students who ate fruit one or more times during the past seven days	87.9	0.59	( 86.7 - 89.1 )	3,795	1.1
Q74. Percentage of students who ate green salad one or more times during the past seven days	60.2	0.91	( 58.4 - 62.0 )	3,799	1.1
Q75. Percentage of students who ate potatoes one or more times during the past seven days	73.0	0.88	( 71.2 - 74.7 )	3,807	1.2
Q76. Percentage of students who ate carrots one or more times during the past seven days	47.2	0.90	( 45.4 - 48.9 )	3,793	1.1
Q77. Percentage of students who ate other vegetables one or more times during the past seven days	83.2	0.79	( 81.6 - 84.7 )	3,791	1.3
Q78. Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	26.2	0.83	( 24.6 - 27.9 )	3,803	1.2

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q79. Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	53.7	1.13	( 51.5 - 55.9 )	3,773	1.4
Q80. Percentage of students who watched three or more hours per day of TV on an average school day	25.2	0.85	( 23.6 - 26.9 )	3,777	1.2
Q81. Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	21.1	0.82	( 19.5 - 22.7 )	3,779	1.2
Q82. Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	48.1	1.46	( 45.2 - 51.0 )	3,734	1.8
Q83. Percentage of students who played on one or more sports teams during the past 12 months	62.9	1.03	( 60.8 - 64.9 )	3,737	1.3
Q84. Percentage of students who had ever been taught in school about AIDS or HIV infection	78.5	1.46	( 75.5 - 81.2 )	2,659	1.8
Q85. Percentage of students who had ever been told by a doctor or nurse that they had asthma	19.2	0.84	( 17.6 - 20.9 )	2,667	1.1
Q86. Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma	9.6	0.56	( 8.5 - 10.8 )	2,660	1.0

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey

#### Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q87. Percentage of students who texted or e-mailed while driving a car or other vehicle on one or more of the past 30 days	45.0	1.88	( 41.3 - 48.7 )	2,726	2.0
Q88. Percentage of students who talked on a cell phone while driving a car or other vehicle on one or more of the past 30 days	49.4	1.90	( 45.7 - 53.1 )	2,721	2.0
Q89. Percentage of students who had five or more alcoholic drinks at most in a row, that is, within a couple of hours, during the past 30 days	12.0	0.92	( 10.3 - 14.0 )	2,581	1.4
Q90. Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days	38.5	1.92	( 34.8 - 42.4 )	673	1.0
Q91. Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days	81.6	2.00	( 77.3 - 85.2 )	667	1.3
Q92. Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days	17.1	0.91	( 15.4 - 19.0 )	2,697	1.3

\*The average design effect across all items for this survey is 1.3.

## 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Nebraska High School Survey Sample Statistics

Question	Percentage	Standard Error	95% Confidence Interval	Number of Students	Design Effect*
Q93. Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days	13.0	0.74	( 11.6 - 14.5 )	2,660	1.1
Q94. Percentage of students who drank three or more glasses per day of milk during the past seven days	15.6	0.80	( 14.1 - 17.3 )	2,698	1.1
Q95. Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days	57.7	1.33	( 55.1 - 60.3 )	2,685	1.4
Q96. Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class	46.8	1.60	( 43.6 - 49.9 )	2,682	1.7
Q97. Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	75.1	1.05	( 73.0 - 77.1 )	2,664	1.3
Q98. Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months	18.5	0.84	( 16.9 - 20.2 )	2,686	1.1
Q99. Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family	38.1	1.06	( 36.0 - 40.2 )	2,659	1.1

\*The average design effect across all items for this survey is 1.3.