

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Injury and Violence</b>														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	97.7	96.6					91.2	91.7			91.0	Yes	Yes	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	52.4	28.2					21.9	15.9			15.7	Yes	Yes	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	46.1	43.4					38.5	35.6			23.9	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	23.0	22.6					20.9	17.3			7.2	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	23.9	20.8					16.0	17.9			18.6	Yes	Yes	
Percentage of students who carried a gun on one or more of the past 30 days		9.7					7.8	7.5			9.1	No	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		9.3					5.0	4.8			3.8	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		3.0					3.1	3.9			3.8	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Injury and Violence</b>														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		5.8					8.8	9.7			6.4	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months	41.7	34.5					29.6	28.5			26.7	Yes	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.7	3.4					2.7	3.3			3.1	Yes	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		12.5					10.6	9.3			7.4	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							11.5	10.9			10.9	No	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to							9.9	9.1			8.1	Yes	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							25.3	25.1			21.0	Yes	No	
Percentage of students who seriously considered attempting suicide during the past 12 months	28.3	24.2					17.9	16.5			14.2	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Injury and Violence</b>														
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	17.3	20.8					17.2	14.3			10.9	Yes	Yes	
Percentage of students who actually attempted suicide one or more times during the past 12 months	7.0	9.1					8.8	9.4			7.7	No	Yes	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.0	2.8					3.4	3.2			2.6	No	Yes	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Tobacco Use</b>														
Percentage of students who ever tried cigarette smoking, even one or two puffs	72.4	67.1					60.2	53.4			38.7	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years	25.7	25.1					20.7	16.5			8.2	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days	29.2	33.7					24.1	21.8			15.0	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.1	14.9					11.2	9.6			5.8	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	16.6	13.9					9.3	8.9			7.1	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							7.3	3.8			5.1	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		13.4					7.4	6.8			3.8	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							16.7	14.9			9.3	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months							59.6	55.5			57.7	No	No	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Tobacco Use</b>														
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							10.1	8.7			6.4	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							5.1	3.9			3.1	Yes	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							18.2	16.8			9.6	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							30.8	28.0			18.9	Yes	No	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who had at least one drink of alcohol on one or more days during their life	82.9	78.8					78.4	73.2			60.6	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	34.2	32.1					26.6	23.9			16.5	Yes	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	53.4	51.9					46.5	42.9			26.6	Yes	Yes	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	36.9	35.7					32.2	29.8			16.4	Yes	Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		4.8					4.6	3.6			3.0	Yes	No	
Percentage of students who used marijuana one or more times during their life	22.3	19.3					34.6	32.3			25.0	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years	4.9	4.2					7.7	7.0			4.9	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days	10.3	9.4					18.3	17.5			12.7	Yes	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days		2.4					3.9	3.1			2.7	No	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	4.6	3.5					6.9	7.5			4.2	No	Yes	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.5	1.8					2.9	3.3			1.6	No	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.7	11.3			9.7	Yes	No	
Percentage of students who used heroin one or more times during their life							2.7	2.7			1.9	Yes	No	
Percentage of students who used methamphetamines one or more times during their life							6.3	5.8			2.7	Yes	No	
Percentage of students who used ecstasy one or more times during their life							5.0	4.9			4.5	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	2.4	3.0					3.6	4.0			2.8	No	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.0	3.1			1.9	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		11.0					23.3	22.0			20.3	Yes	Yes	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Sexual Behaviors</b>														
Percentage of students who ever had sexual intercourse	52.5	47.0					42.8	40.8			37.1	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years	6.8	5.9					5.1	4.4			3.8	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life	18.3	15.1					12.0	11.9			10.6	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months	37.2	31.9					31.5	29.9			27.0	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.1	27.4					30.5	24.0			19.8	Yes	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	53.3	59.6					60.2	61.6			62.0	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	22.6	17.6					21.9	21.6			21.9	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse							4.3	3.6			4.5	No	No	



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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Sexual Behaviors</b>														
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse							26.2	25.2			26.5	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy							8.4	8.4			13.7	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection	82.0	81.4					85.0	85.4			78.5	No	Yes	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**							14.5	13.7			13.6	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**							10.4	10.9			11.6	No	No	
Percentage of students who described themselves as slightly or very overweight	35.2	36.4					32.7	32.5			28.5	Yes	Yes	
Percentage of students who were trying to lose weight	45.5	43.7					45.2	46.3			43.0	No	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							13.0	12.2			11.2	Yes	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							9.1	6.8			4.7	Yes	No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							7.2	6.5			3.9	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							81.1	80.8			78.2	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days							87.1	87.6			87.9	No	No	

\*\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who ate green salad one or more times during the past seven days							68.7	65.1			60.2	Yes	No	
Percentage of students who ate potatoes one or more times during the past seven days							77.4	73.5			73.0	No	Yes	
Percentage of students who ate carrots one or more times during the past seven days							54.7	52.1			47.2	Yes	No	
Percentage of students who ate other vegetables one or more times during the past seven days							86.7	83.4			83.2	Yes	Yes	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days							16.3	13.5			16.5	No	Yes	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days							6.7	5.9			8.0	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days							25.5	23.6			26.9	No	Yes	
Percentage of students who ate vegetables three or more times per day during the past seven days							12.2	9.6			12.2	No	Yes	

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Physical Activity</b>														
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								36.5			53.7	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								22.5			10.4	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								16.6			28.0	Yes		
Percentage of students who watched three or more hours per day of TV on an average school day							28.0	26.5			25.2	Yes	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	46.6	48.6					49.1	48.9			48.1	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	34.4	32.1					36.4	34.3			33.5	No	No	
Percentage of students who played on one or more sports teams during the past 12 months							62.0	63.3			62.9	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Total</b>														
<b>Other</b>														
Percentage of students who had ever been told by a doctor or nurse that they had asthma							19.4	19.2			19.2	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Injury and Violence</b>														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	97.3	95.2					91.2	92.5			91.0	Yes	Yes	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	60.5	36.7					28.1	21.7			18.8	Yes	Yes	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	45.4	43.5					37.0	36.6			21.7	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	27.0	27.4					22.1	20.0			7.2	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	42.2	36.1					27.0	29.6			30.3	Yes	Yes	
Percentage of students who carried a gun on one or more of the past 30 days		17.4					13.8	13.7			15.2	No	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		15.7					8.3	7.3			6.1	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		4.1					3.1	4.4			4.5	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Injury and Violence</b>														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		8.8					12.0	12.7			8.3	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months	50.5	45.3					37.8	36.6			32.1	Yes	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	4.7	5.2					3.7	4.6			3.7	Yes	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		18.8					14.9	12.6			9.7	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							11.0	11.6			10.7	No	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to							8.3	5.9			5.3	Yes	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							19.2	19.0			14.5	Yes	No	
Percentage of students who seriously considered attempting suicide during the past 12 months	20.6	18.2					12.2	11.8			10.8	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Injury and Violence</b>														
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	13.0	16.5					14.5	11.1			8.6	Yes	Yes	
Percentage of students who actually attempted suicide one or more times during the past 12 months	4.5	6.4					6.4	7.7			6.8	No	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	1.5	2.5					3.2	3.2			2.6	No	No	



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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Tobacco Use</b>														
Percentage of students who ever tried cigarette smoking, even one or two puffs	74.9	70.9					60.9	56.1			38.5	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years	29.7	30.3					23.7	18.5			9.1	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days	29.8	35.2					22.5	21.6			14.4	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.0	16.8					11.1	10.1			6.2	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	19.4	17.8					14.8	11.4			11.4	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							11.3	5.4			6.7	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		15.7					8.2	6.9			4.1	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							17.2	15.4			9.8	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months							57.1	54.4			53.3	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Tobacco Use</b>														
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							17.0	14.5			10.2	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							8.6	6.8			5.2	Yes	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							24.2	21.7			12.5	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							33.5	31.5			20.5	Yes	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who had at least one drink of alcohol on one or more days during their life	83.6	80.8					77.6	73.1			59.1	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	40.3	38.1					31.3	27.8			18.8	Yes	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	55.4	53.8					43.8	44.4			25.7	Yes	Yes	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	39.8	39.8					32.6	32.2			15.6	Yes	Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		6.1					5.9	4.7			3.4	Yes	No	
Percentage of students who used marijuana one or more times during their life	24.8	23.3					36.2	35.0			26.3	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years	6.1	6.0					10.0	8.9			6.8	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days	12.0	12.1					20.5	19.3			13.5	No	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days		3.6					5.4	3.8			4.5	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	5.7	4.6					6.7	8.6			5.0	No	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.9	2.8					3.3	4.4			2.1	No	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.5	11.2			8.8	Yes	No	
Percentage of students who used heroin one or more times during their life							3.6	3.8			2.6	Yes	No	
Percentage of students who used methamphetamines one or more times during their life							5.8	6.4			3.5	Yes	No	
Percentage of students who used ecstasy one or more times during their life							5.6	6.3			5.6	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	3.6	4.8					4.3	5.1			3.5	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.7	3.8			2.3	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		13.5					27.6	23.9			20.7	Yes	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Sexual Behaviors</b>														
Percentage of students who ever had sexual intercourse	55.9	51.8					43.7	40.6			37.2	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years	11.0	8.7					7.9	5.5			4.8	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life	20.7	17.8					13.9	11.7			11.3	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months	37.5	32.7					30.1	30.2			25.7	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.0	32.3					35.2	25.5			21.3	No	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	59.8	66.7					65.2	66.9			68.6	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	19.0	16.4					13.8	18.8			17.0	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse							2.8	2.2			2.8	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Sexual Behaviors</b>														
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse							16.6	21.1			19.8	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy							5.1	8.4			10.4	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection	82.2	81.2					83.3	84.1			79.4	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**							15.9	14.6			13.5	Yes	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**							14.7	14.0			15.0	No	No	
Percentage of students who described themselves as slightly or very overweight	23.7	22.0					25.2	25.8			24.2	No	No	
Percentage of students who were trying to lose weight	24.4	22.8					26.1	28.7			31.2	Yes	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							7.3	9.0			7.7	No	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							6.7	5.3			4.8	No	No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							4.7	3.8			3.2	No	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							82.3	80.5			80.2	No	No	
Percentage of students who ate fruit one or more times during the past seven days							85.5	85.6			87.1	No	No	

\*\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who ate green salad one or more times during the past seven days							65.6	61.1			55.8	Yes	No	
Percentage of students who ate potatoes one or more times during the past seven days							77.7	76.0			74.3	No	No	
Percentage of students who ate carrots one or more times during the past seven days							53.7	53.4			47.5	Yes	No	
Percentage of students who ate other vegetables one or more times during the past seven days							85.2	81.2			81.5	No	Yes	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days							18.3	14.7			17.8	No	Yes	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days							7.8	6.5			8.6	No	No	
Percentage of students who ate fruits two or more times per day during the past seven days							28.3	24.2			28.2	No	Yes	
Percentage of students who ate vegetables three or more times per day during the past seven days							13.1	10.1			12.4	No	Yes	



# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Physical Activity</b>														
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								42.8			61.3	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								18.6			8.5	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								22.0			35.8	Yes		
Percentage of students who watched three or more hours per day of TV on an average school day							30.3	27.5			26.8	No	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	55.2	52.1					55.9	56.1			55.3	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	40.7	35.9					42.1	40.2			38.7	No	No	
Percentage of students who played on one or more sports teams during the past 12 months							66.8	67.4			66.1	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Male</b>														
<b>Other</b>														
Percentage of students who had ever been told by a doctor or nurse that they had asthma							20.5	18.1			19.2	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Injury and Violence</b>														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	98.2	97.9					91.1	90.9			91.1	Yes	Yes	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	44.2	19.3					15.3	9.8			12.3	Yes	Yes	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	46.7	43.3					39.9	34.6			26.1	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	19.1	17.7					19.6	14.5			6.9	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	5.4	5.3					4.7	5.9			6.5	No	No	
Percentage of students who carried a gun on one or more of the past 30 days		1.9					1.6	1.1			2.7	No	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		2.6					1.5	2.2			1.2	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		1.9					3.2	3.4			2.8	No	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Injury and Violence</b>														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		2.8					5.5	6.5			4.2	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months	32.8	23.6					21.0	19.9			20.6	Yes	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	2.5	1.6					1.6	1.9			2.4	No	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		6.0					6.1	5.8			5.0	No	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							12.0	10.2			11.1	No	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to							11.7	12.4			11.1	No	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							31.6	31.5			27.7	Yes	No	
Percentage of students who seriously considered attempting suicide during the past 12 months	35.7	30.5					24.0	21.5			18.0	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Injury and Violence</b>														
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	21.4	25.2					20.1	17.7			13.4	Yes	Yes	
Percentage of students who actually attempted suicide one or more times during the past 12 months	9.3	11.8					11.3	11.1			8.5	No	Yes	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.4	3.2					3.7	3.1			2.5	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Tobacco Use</b>														
Percentage of students who ever tried cigarette smoking, even one or two puffs	69.9	63.2					59.5	50.7			38.8	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years	21.7	19.8					17.5	14.4			7.3	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days	28.5	32.1					25.8	21.8			15.5	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.1	12.9					11.3	9.1			5.3	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	13.6	9.5					4.4	6.3			3.1	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							3.7	2.3			3.0	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		11.0					6.6	6.6			3.5	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							16.1	14.4			8.7	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months							61.9	56.8			62.4	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Tobacco Use</b>														
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							2.8	2.4			2.2	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							1.3	0.8			0.7	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							11.7	11.5			6.5	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							28.0	24.4			17.2	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who had at least one drink of alcohol on one or more days during their life	82.3	76.8					79.3	73.3			62.0	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	28.1	25.9					21.8	19.8			14.0	Yes	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	51.4	49.9					49.3	41.2			27.5	Yes	Yes	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	33.9	31.5					31.6	27.3			17.3	Yes	Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		3.3					3.3	2.4			2.5	No	No	
Percentage of students who used marijuana one or more times during their life	19.7	15.2					32.9	29.6			23.6	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years	3.7	2.3					5.2	4.9			2.7	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days	8.6	6.6					16.0	15.7			12.0	Yes	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days		1.3					2.3	2.4			0.9	No	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	3.4	2.3					7.0	6.2			3.1	No	Yes	



# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.0	0.7					2.4	2.1			0.8	No	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.9	11.3			10.6	No	No	
Percentage of students who used heroin one or more times during their life							1.7	1.5			1.1	No	No	
Percentage of students who used methamphetamines one or more times during their life							6.9	5.2			1.8	Yes	No	
Percentage of students who used ecstasy one or more times during their life							4.3	3.4			3.3	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	1.0	1.0					2.9	2.6			2.0	Yes	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							1.2	2.3			1.4	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		8.4					18.6	20.0			19.8	Yes	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Sexual Behaviors</b>														
Percentage of students who ever had sexual intercourse	49.1	41.9					42.0	40.9			37.2	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years	2.6	3.1					2.3	3.3			2.7	No	No	
Percentage of students who had sexual intercourse with four or more people during their life	16.0	12.3					10.2	12.2			9.9	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months	37.0	31.1					32.9	29.6			28.5	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.1	22.0					26.1	22.5			18.3	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	46.7	52.1					55.8	56.2			56.0	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	26.2	18.8					29.3	24.5			26.4	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse							5.6	4.9			6.1	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Sexual Behaviors</b>														
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse							34.9	29.4			32.4	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy							11.3	8.5			16.6	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection	81.6	81.6					86.7	86.7			77.6	No	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**							12.9	12.7			13.6	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**							5.9	7.7			8.0	No	No	
Percentage of students who described themselves as slightly or very overweight	46.7	51.3					40.5	39.6			33.1	Yes	Yes	
Percentage of students who were trying to lose weight	66.6	65.4					65.4	64.8			55.5	Yes	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							19.0	15.6			14.8	Yes	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							11.7	8.3			4.5	Yes	No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							9.8	9.4			4.7	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							79.9	81.0			76.1	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days							88.9	89.7			88.9	No	No	

\*\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
Female														
Weight Management and Dietary Behaviors														
Percentage of students who ate green salad one or more times during the past seven days							72.0	69.3			64.8	Yes	No	
Percentage of students who ate potatoes one or more times during the past seven days							77.0	70.9			71.8	No	Yes	
Percentage of students who ate carrots one or more times during the past seven days							55.7	50.8			46.9	Yes	No	
Percentage of students who ate other vegetables one or more times during the past seven days							88.3	85.6			85.0	No	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days							14.3	12.2			15.1	No	Yes	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days							5.5	5.3			7.4	Yes	No	
Percentage of students who ate fruits two or more times per day during the past seven days							22.6	23.0			25.8	Yes	No	
Percentage of students who ate vegetables three or more times per day during the past seven days							11.2	9.1			11.7	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Physical Activity</b>														
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								29.9			45.9	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								26.7			12.5	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								11.0			19.8	Yes		
Percentage of students who watched three or more hours per day of TV on an average school day							25.6	25.5			23.6	Yes	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	38.5	45.0					42.1	41.6			40.4	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	28.2	28.2					30.5	28.1			27.9	No	No	
Percentage of students who played on one or more sports teams during the past 12 months							57.0	59.0			59.5	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Female</b>														
<b>Other</b>														
Percentage of students who had ever been told by a doctor or nurse that they had asthma							18.3	20.5			19.1	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Injury and Violence</b>														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	97.8	96.9					91.7	91.2			90.5	Yes	Yes	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	51.9	27.7					20.4	15.2			13.0	Yes	Yes	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	46.7	43.5					38.4	34.5			23.6	Yes	Yes	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	24.4	22.6					21.0	17.4			6.9	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	23.7	20.0					15.2	16.6			18.1	Yes	Yes	
Percentage of students who carried a gun on one or more of the past 30 days		9.0					7.5	6.9			9.0	No	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		8.4					4.2	4.5			3.1	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		2.3					2.7	3.0			2.8	No	No	

\*Non-Hispanic.



# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Injury and Violence</b>														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		4.7					8.3	8.5			4.8	No	Yes	
Percentage of students who were in a physical fight one or more times during the past 12 months	41.0	33.7					27.9	25.3			23.3	Yes	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.3	2.9					2.1	2.6			2.5	Yes	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		11.6					9.0	8.1			6.1	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							11.0	10.2			9.8	No	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to							8.6	8.2			7.9	No	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							24.1	24.1			19.8	Yes	No	
Percentage of students who seriously considered attempting suicide during the past 12 months	28.0	23.3					17.0	16.1			13.6	Yes	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Injury and Violence</b>														
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	16.5	19.6					17.2	13.7			10.2	Yes	Yes	
Percentage of students who actually attempted suicide one or more times during the past 12 months	6.2	8.2					7.7	8.3			6.0	No	Yes	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	1.5	2.6					2.8	2.7			2.1	No	Yes	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Tobacco Use</b>														
Percentage of students who ever tried cigarette smoking, even one or two puffs	72.0	66.1					58.8	50.3			36.8	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years	25.6	24.6					19.2	14.0			6.7	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days	30.1	33.3					24.2	20.9			15.5	Yes	Yes	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	15.3	14.5					10.8	9.6			6.1	Yes	Yes	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	16.0	12.7					6.9	9.2			6.5	Yes	No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							6.9	4.3			3.6	Yes	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		13.0					7.0	6.6			3.6	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							16.4	14.4			9.6	Yes	No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months							59.9	54.9			59.7	No	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Tobacco Use</b>														
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							10.2	8.7			6.7	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							4.7	3.7			3.2	Yes	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							18.1	16.1			8.6	Yes	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							31.4	27.3			19.7	Yes	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who had at least one drink of alcohol on one or more days during their life	83.7	78.9					78.4	72.1			59.8	Yes	Yes	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	34.3	31.8					24.8	21.4			14.8	Yes	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	54.8	52.1					47.3	42.1			25.7	Yes	Yes	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	38.2	35.4					32.8	29.1			15.6	Yes	Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		4.1					4.0	3.4			2.5	Yes	No	
Percentage of students who used marijuana one or more times during their life	20.2	18.1					31.9	29.1			21.2	Yes	Yes	
Percentage of students who tried marijuana for the first time before age 13 years	3.7	3.4					5.7	5.2			2.8	No	Yes	
Percentage of students who used marijuana one or more times during the past 30 days	8.9	8.6					16.0	15.0			10.3	Yes	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days		1.9					3.1	2.5			1.7	No	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	4.3	2.7					5.8	5.9			2.7	No	Yes	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	1.4	1.2					2.0	2.7			0.9	No	Yes	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							11.1	10.9			7.7	Yes	No	
Percentage of students who used heroin one or more times during their life							2.0	1.8			1.1	Yes	No	
Percentage of students who used methamphetamines one or more times during their life							5.4	4.7			1.6	Yes	No	
Percentage of students who used ecstasy one or more times during their life							3.8	3.6			3.3	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	2.3	2.5					2.8	3.1			2.0	No	Yes	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							1.5	2.6			1.2	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		10.2					21.4	20.0			19.6	Yes	Yes	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Sexual Behaviors</b>														
Percentage of students who ever had sexual intercourse	50.8	45.8					41.0	37.7			34.7	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years	5.5	5.0					3.6	3.4			3.0	Yes	No	
Percentage of students who had sexual intercourse with four or more people during their life	16.8	13.8					10.1	10.1			9.4	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months	36.1	31.3					30.0	27.7			25.5	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.0	26.5					29.1	23.1			18.1	Yes	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	54.6	60.4					61.4	63.6			63.3	Yes	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	24.1	18.2					22.7	21.8			25.3	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) to prevent pregnancy before last sexual intercourse							5.1	3.4			5.2	No	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Sexual Behaviors</b>														
Among students who had sexual intercourse during the past three months, the percentage who used Depo-Provera (injectable birth control) or birth control pills to prevent pregnancy before last sexual intercourse							27.7	25.2			30.4	No	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse and used birth control pills or Depo-Provera before last sexual intercourse to prevent pregnancy							9.7	9.1			15.4	Yes	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection	82.4	81.4					85.9	86.2			78.5	No	Yes	

\*Non-Hispanic.



# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**							13.7	12.4			12.4	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**							9.4	10.0			10.4	No	No	
Percentage of students who described themselves as slightly or very overweight	35.4	36.2					32.8	31.9			27.7	Yes	Yes	
Percentage of students who were trying to lose weight	45.8	43.6					45.9	45.7			41.0	No	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							13.4	11.9			10.3	Yes	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							9.4	6.2			4.1	Yes	No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							6.1	6.0			3.3	Yes	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							81.4	81.1			77.3	Yes	No	
Percentage of students who ate fruit one or more times during the past seven days							87.8	88.6			88.9	No	No	

\*Non-Hispanic.

\*\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
White*														
Weight Management and Dietary Behaviors														
Percentage of students who ate green salad one or more times during the past seven days							71.7	66.0			60.6	Yes	Yes	
Percentage of students who ate potatoes one or more times during the past seven days							79.3	75.0			76.0	No	Yes	
Percentage of students who ate carrots one or more times during the past seven days							56.1	53.1			48.8	Yes	No	
Percentage of students who ate other vegetables one or more times during the past seven days							87.9	85.3			85.6	No	Yes	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days							16.6	13.0			15.4	No	Yes	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days							6.7	5.7			7.5	No	No	
Percentage of students who ate fruits two or more times per day during the past seven days							24.7	23.2			25.9	No	No	
Percentage of students who ate vegetables three or more times per day during the past seven days							12.7	9.6			11.5	No	Yes	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Physical Activity</b>														
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								38.1			57.6	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								21.7			8.5	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								17.5			29.2	Yes		
Percentage of students who watched three or more hours per day of TV on an average school day								25.5	24.4		23.1	No	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	45.2	49.1					49.0	47.3			46.8	No	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	34.4	32.3					36.5	33.6			33.6	No	No	
Percentage of students who played on one or more sports teams during the past 12 months							63.5	65.2			66.1	No	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>White*</b>														
<b>Other</b>														
Percentage of students who had ever been told by a doctor or nurse that they had asthma							18.6	18.6			18.9	No	No	

\*Non-Hispanic.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Injury and Violence</b>														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet								93.9			97.2	No		
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		38.9					31.7	21.5			24.9	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		54.2					37.6	37.6			23.9	Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		26.3					17.0	14.3			10.2	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		29.4					15.9	15.9			18.0	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days		17.7					6.7	4.4			7.5	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		15.8					9.6	6.2			5.7	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		6.0					8.9	7.8			5.3	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Injury and Violence</b>														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		13.5					13.9	12.6			10.7	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months		44.2					32.5	38.9			37.2	No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		10.3					2.7	3.7			6.7	No	Yes	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		23.3					18.5	16.4			11.6	Yes	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							13.5	11.3			13.5	No	No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to							20.2	7.6			10.1	No	Yes	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							35.9	31.5			24.5	Yes	No	
Percentage of students who seriously considered attempting suicide during the past 12 months		32.0					19.9	16.6			16.7	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Injury and Violence</b>														
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		23.4					16.9	16.1			12.9	No	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months		16.5					13.8	13.3			13.9	No	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		4.2					4.9	3.1			4.6	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Tobacco Use</b>														
Percentage of students who ever tried cigarette smoking, even one or two puffs		80.9					68.2	67.1			46.0	Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years		31.0					30.1	25.6			13.8	Yes	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days		36.2					25.1	25.0			14.6	Yes	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		14.5					13.4	9.5			5.7	Yes	Yes	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		14.8					9.7	8.4			5.5	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							20.3	15.3			10.4	Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days							6.3	4.1			5.9	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days							4.4	2.8			2.7	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days							18.9	11.1			13.9	No	No	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days							26.7	25.3			17.0	Yes	No	



# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who had at least one drink of alcohol on one or more days during their life							79.2	76.9			65.2	Yes	No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years							37.9	32.4			23.9	Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		59.6					40.5	43.4			32.8	Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		46.9					26.1	30.7			21.5	Yes	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		12.0					6.8	2.4			4.9	Yes	No	
Percentage of students who used marijuana one or more times during their life		35.3					47.8	39.5			38.2	No	Yes	
Percentage of students who tried marijuana for the first time before age 13 years		13.9					18.8	12.1			13.0	No	No	
Percentage of students who used marijuana one or more times during the past 30 days		15.3					27.3	19.2			21.0	No	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days		4.7					6.3	2.9			5.4	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		11.3					17.4	16.0			10.6	No	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Alcohol and Other Drug Use</b>														
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		7.9					9.3	7.1			4.4	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life							15.6	11.8			16.6	No	No	
Percentage of students who used heroin one or more times during their life							7.8	5.2			4.5	No	No	
Percentage of students who used methamphetamines one or more times during their life							15.4	11.4			8.6	Yes	No	
Percentage of students who used ecstasy one or more times during their life							10.1	8.1			7.6	No	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		8.0					7.9	8.2			5.3	No	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							6.2	2.4			4.0	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		21.6					30.1	27.4			20.4	No	Yes	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Sexual Behaviors</b>														
Percentage of students who ever had sexual intercourse		68.6					47.0	51.2			48.8	Yes	No	
Percentage of students who had sexual intercourse for the first time before age 13 years		11.9					9.4	9.1			8.7	No	No	
Percentage of students who had sexual intercourse with four or more people during their life		31.2					16.9	16.7			18.2	Yes	No	
Percentage of students who had sexual intercourse with one or more people during the past three months		42.5					34.3	36.5			34.3	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection		87.0					76.8	83.2			76.2	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Weight Management and Dietary Behaviors</b>														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**							16.6	19.7			17.6	No	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**							15.1	16.2			15.9	No	No	
Percentage of students who described themselves as slightly or very overweight		49.6					36.0	35.9			32.9	Yes	No	
Percentage of students who were trying to lose weight		52.2					50.8	55.8			55.5	No	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							10.4	12.8			13.8	No	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							7.2	9.1			7.7	No	No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							11.0	6.1			6.9	No	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							79.9	80.0			79.4	No	No	
Percentage of students who ate fruit one or more times during the past seven days							86.3	84.5			87.4	No	No	

\*\*Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
Hispanic/Latino														
Weight Management and Dietary Behaviors														
Percentage of students who ate green salad one or more times during the past seven days							49.8	61.0			60.4	No	No	
Percentage of students who ate potatoes one or more times during the past seven days							71.5	67.4			60.1	Yes	No	
Percentage of students who ate carrots one or more times during the past seven days							47.9	50.9			42.1	No	No	
Percentage of students who ate other vegetables one or more times during the past seven days							81.7	78.7			76.1	No	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days							12.2	14.6			19.4	Yes	No	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days							7.1	4.1			10.1	No	No	
Percentage of students who ate fruits two or more times per day during the past seven days							27.2	21.8			26.8	No	No	
Percentage of students who ate vegetables three or more times per day during the past seven days							9.1	7.2			14.1	Yes	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Physical Activity</b>														
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								25.7			43.5	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								29.6			15.2	Yes		
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								13.9			23.3	Yes		
Percentage of students who watched three or more hours per day of TV on an average school day							38.5	35.8			31.0	No	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		36.3					51.0	54.4			52.3	Yes	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		26.6					37.9	39.5			34.7	No	No	
Percentage of students who played on one or more sports teams during the past 12 months							44.6	51.8			52.8	No	No	

# 2010 YOUTH RISK BEHAVIOR SURVEY RESULTS

## Nebraska High School Survey Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	2009-2011 Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010			
<b>Hispanic/Latino</b>														
<b>Other</b>														
Percentage of students who had ever been told by a doctor or nurse that they had asthma							20.5	10.7			19.9	No	Yes	